

SACRAMENT
OF
CONFIRMATION

REFLECTION AND JOURNAL

SACRAMENT OF CONFIRMATION

REFLECTION AND JOURNAL

THE SACRAMENT OF CONFIRMATION IS ONE OF THE SEVEN SACRAMENTS IN THE CATHOLIC CHURCH AND A CRUCIAL PART OF CHRISTIAN INITIATION, ALONGSIDE BAPTISM AND THE EUCHARIST.

THIS SACRAMENT SERVES TO STRENGTHEN AND PERFECT THE FAITH OF THOSE WHO HAVE ALREADY BEEN BAPTIZED.

SACRAMENT
OF
CONFIRMATION

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PURPOSE AND EFFECTS

CONFIRMATION HAS SEVERAL
IMPORTANT PURPOSES AND EFFECTS:

STRENGTHENING OF FAITH:

IT IMPARTS AN INCREASE IN
SANCTIFYING GRACE, MAKING THE
RECIPIENT A "PERFECT CHRISTIAN".

GIFT OF THE HOLY SPIRIT:

THE SACRAMENT BESTOWS THE SEVEN
GIFTS OF THE HOLY SPIRIT,
PROVIDING STRENGTH AND COURAGE
TO BOLDLY CONFESS THE NAME OF
CHRIST.

DEEPENING BAPTISMAL LIFE:

CONFIRMATION DEEPENS THE
BAPTISMAL CALLING, EMPOWERING
RECIPIENTS TO BE MISSIONARY
WITNESSES OF JESUS CHRIST IN
VARIOUS ASPECTS OF THEIR LIVES.

INDELIBLE SPIRITUAL MARK:

IT IMPARTS AN INDELIBLE
CHARACTER, MEANING THE
SACRAMENT CAN ONLY BE RECEIVED
ONCE.

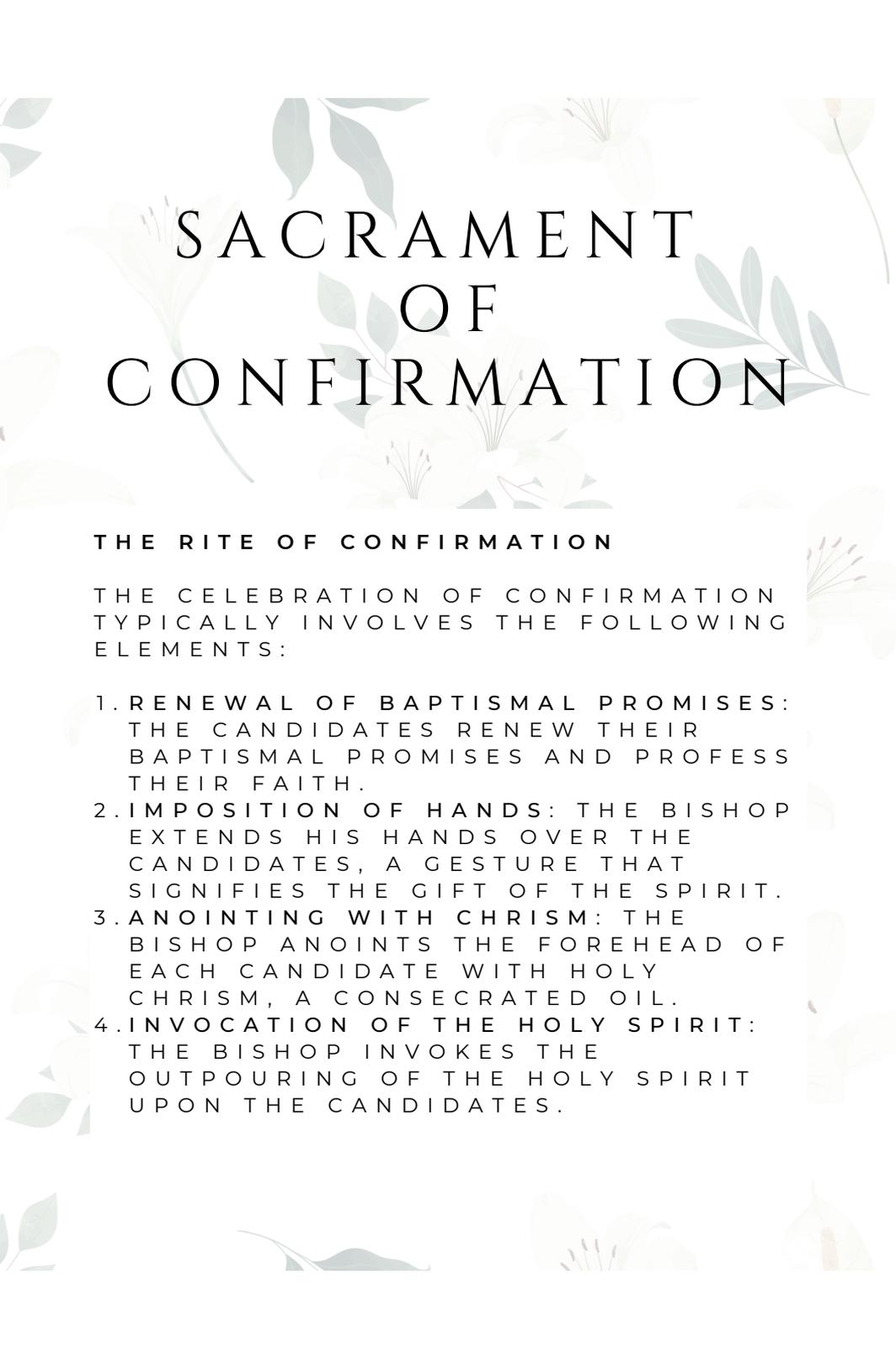
SACRAMENT OF CONFIRMATION

GIFTS OF THE HOLY SPIRIT:

THE GIFTS OF THE HOLY SPIRIT ARE

- WISDOM
- UNDERSTANDING
- COUNSEL
- FORTITUDE
- KNOWLEDGE
- PIETY
- AND FEAR OF THE LORD

THESE GIFTS HELP BELIEVERS TO
LIVE ACCORDING TO GOD'S WILL AND
SERVE THE CHURCH EFFECTIVELY.

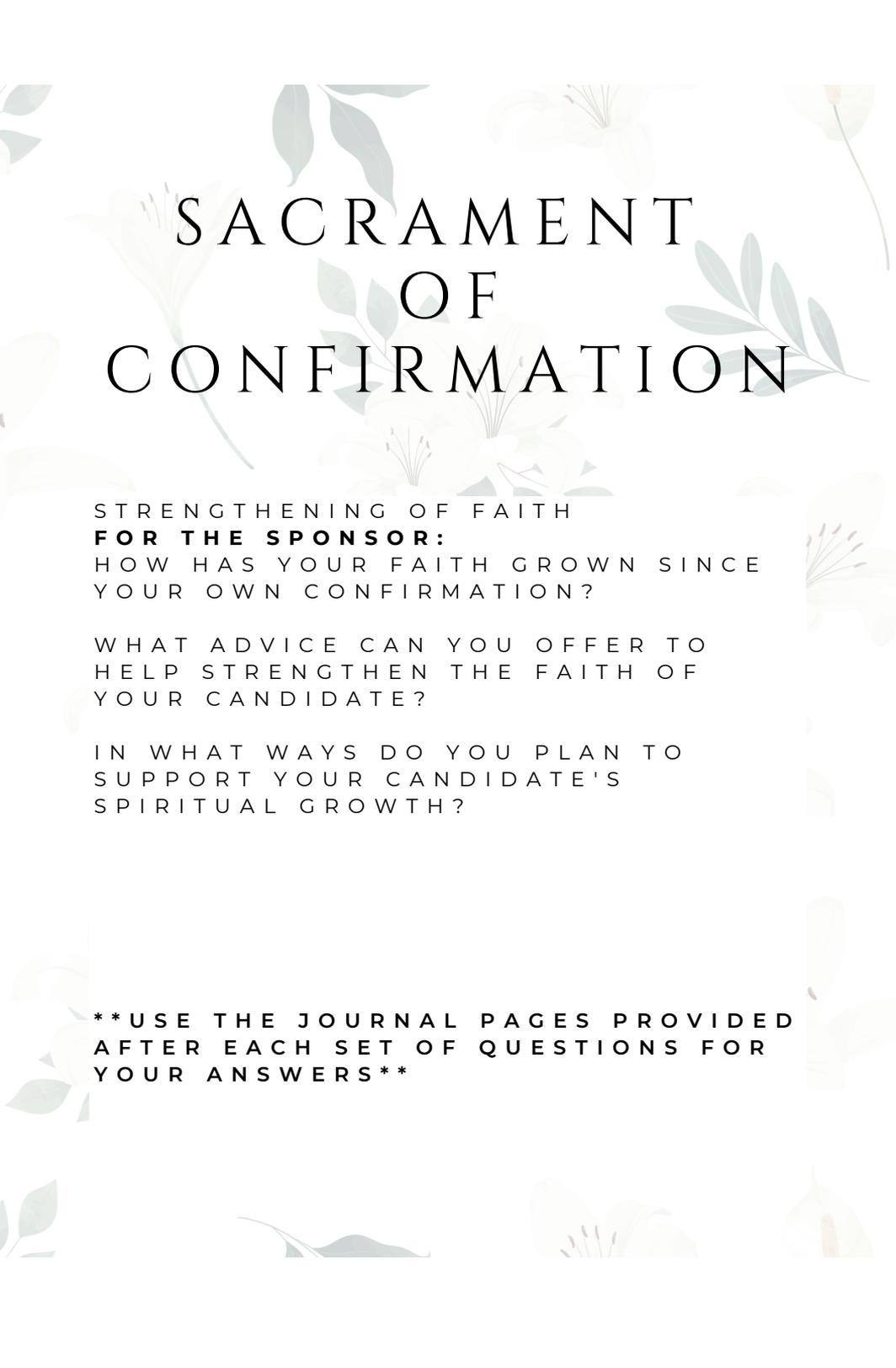


SACRAMENT OF CONFIRMATION

THE RITE OF CONFIRMATION

THE CELEBRATION OF CONFIRMATION TYPICALLY INVOLVES THE FOLLOWING ELEMENTS:

1. **RENEWAL OF BAPTISMAL PROMISES:** THE CANDIDATES RENEW THEIR BAPTISMAL PROMISES AND PROFESS THEIR FAITH.
2. **IMPOSITION OF HANDS:** THE BISHOP EXTENDS HIS HANDS OVER THE CANDIDATES, A GESTURE THAT SIGNIFIES THE GIFT OF THE SPIRIT.
3. **ANOINTING WITH CHRISM:** THE BISHOP ANOINTS THE FOREHEAD OF EACH CANDIDATE WITH HOLY CHRISM, A CONSECRATED OIL.
4. **INVOCATION OF THE HOLY SPIRIT:** THE BISHOP INVOKES THE OUTPOURING OF THE HOLY SPIRIT UPON THE CANDIDATES.



SACRAMENT OF CONFIRMATION

STRENGTHENING OF FAITH

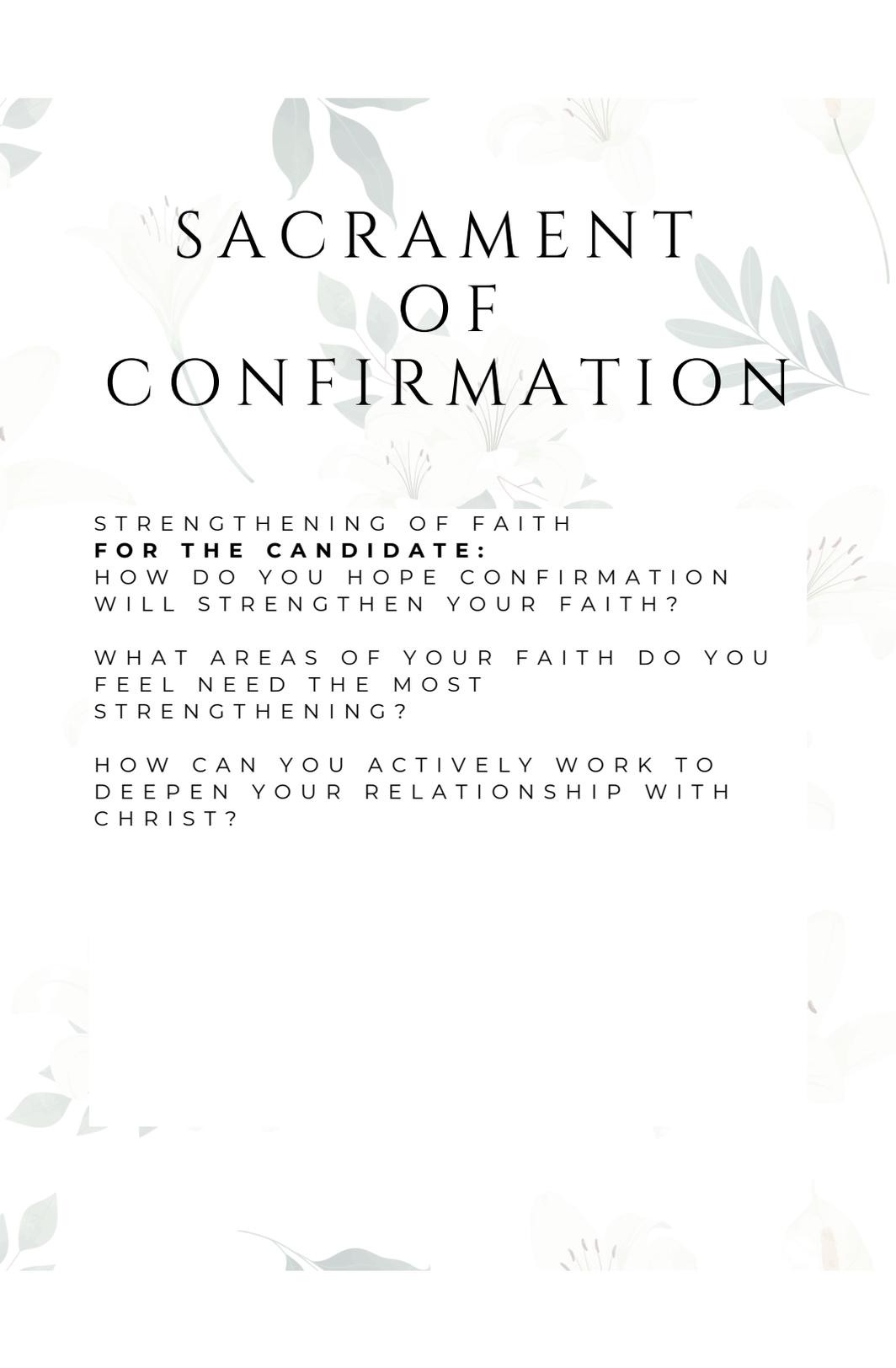
FOR THE SPONSOR:

HOW HAS YOUR FAITH GROWN SINCE
YOUR OWN CONFIRMATION?

WHAT ADVICE CAN YOU OFFER TO
HELP STRENGTHEN THE FAITH OF
YOUR CANDIDATE?

IN WHAT WAYS DO YOU PLAN TO
SUPPORT YOUR CANDIDATE'S
SPIRITUAL GROWTH?

****USE THE JOURNAL PAGES PROVIDED
AFTER EACH SET OF QUESTIONS FOR
YOUR ANSWERS****



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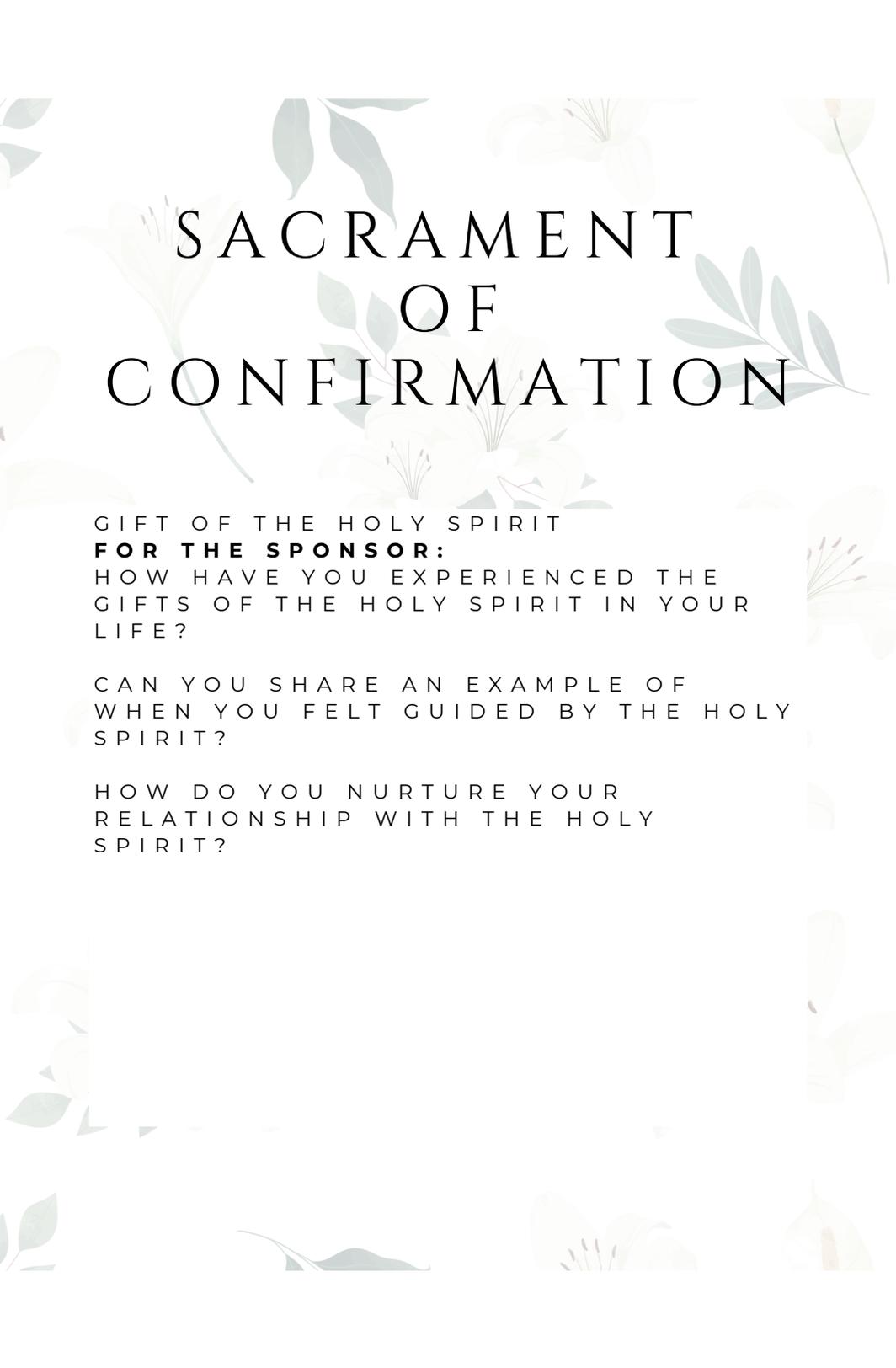
STRENGTHENING OF FAITH

FOR THE CANDIDATE:

HOW DO YOU HOPE CONFIRMATION
WILL STRENGTHEN YOUR FAITH?

WHAT AREAS OF YOUR FAITH DO YOU
FEEL NEED THE MOST
STRENGTHENING?

HOW CAN YOU ACTIVELY WORK TO
DEEPEN YOUR RELATIONSHIP WITH
CHRIST?



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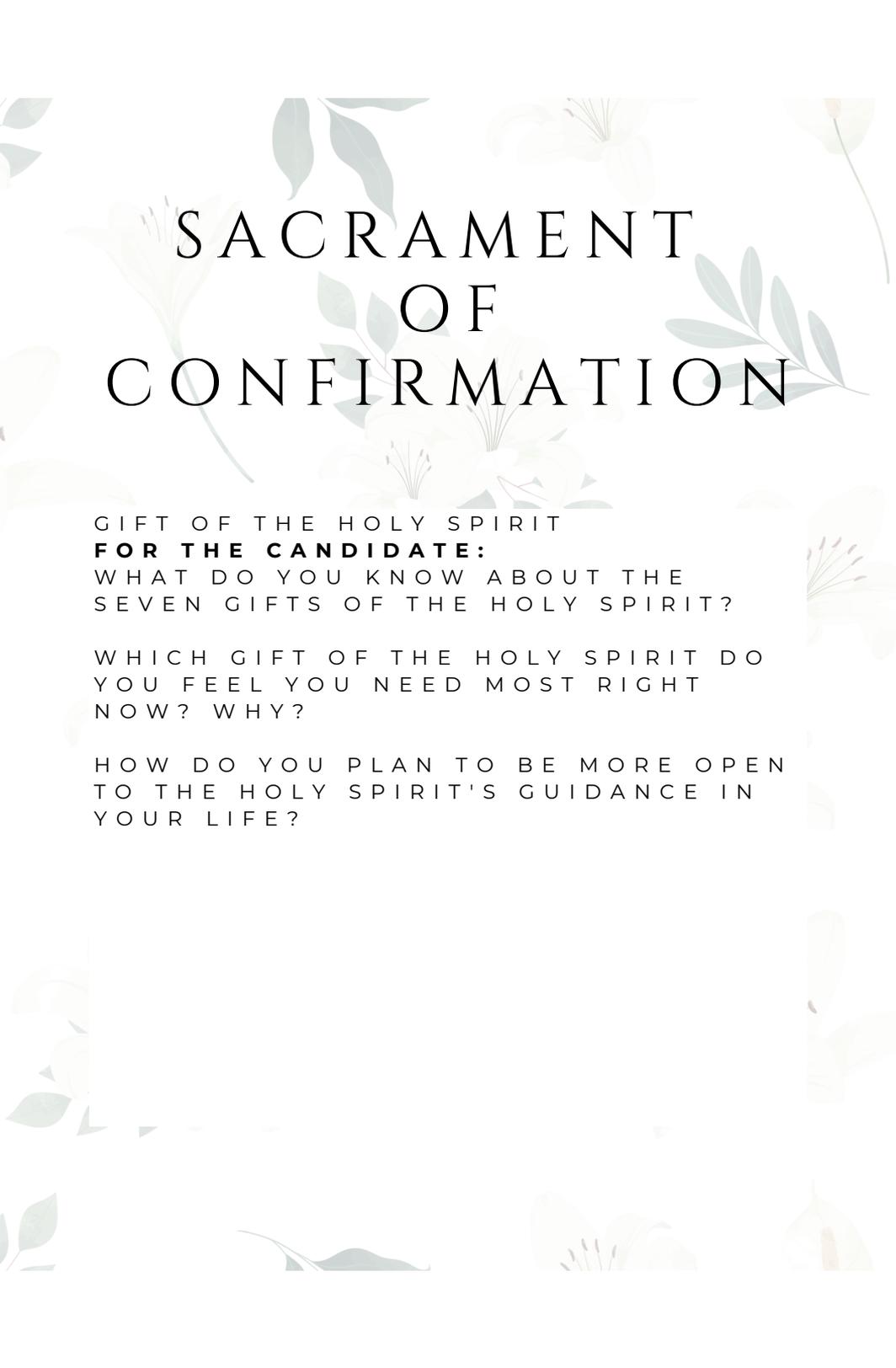
GIFT OF THE HOLY SPIRIT

FOR THE SPONSOR:

HOW HAVE YOU EXPERIENCED THE
GIFTS OF THE HOLY SPIRIT IN YOUR
LIFE?

CAN YOU SHARE AN EXAMPLE OF
WHEN YOU FELT GUIDED BY THE HOLY
SPIRIT?

HOW DO YOU NURTURE YOUR
RELATIONSHIP WITH THE HOLY
SPIRIT?



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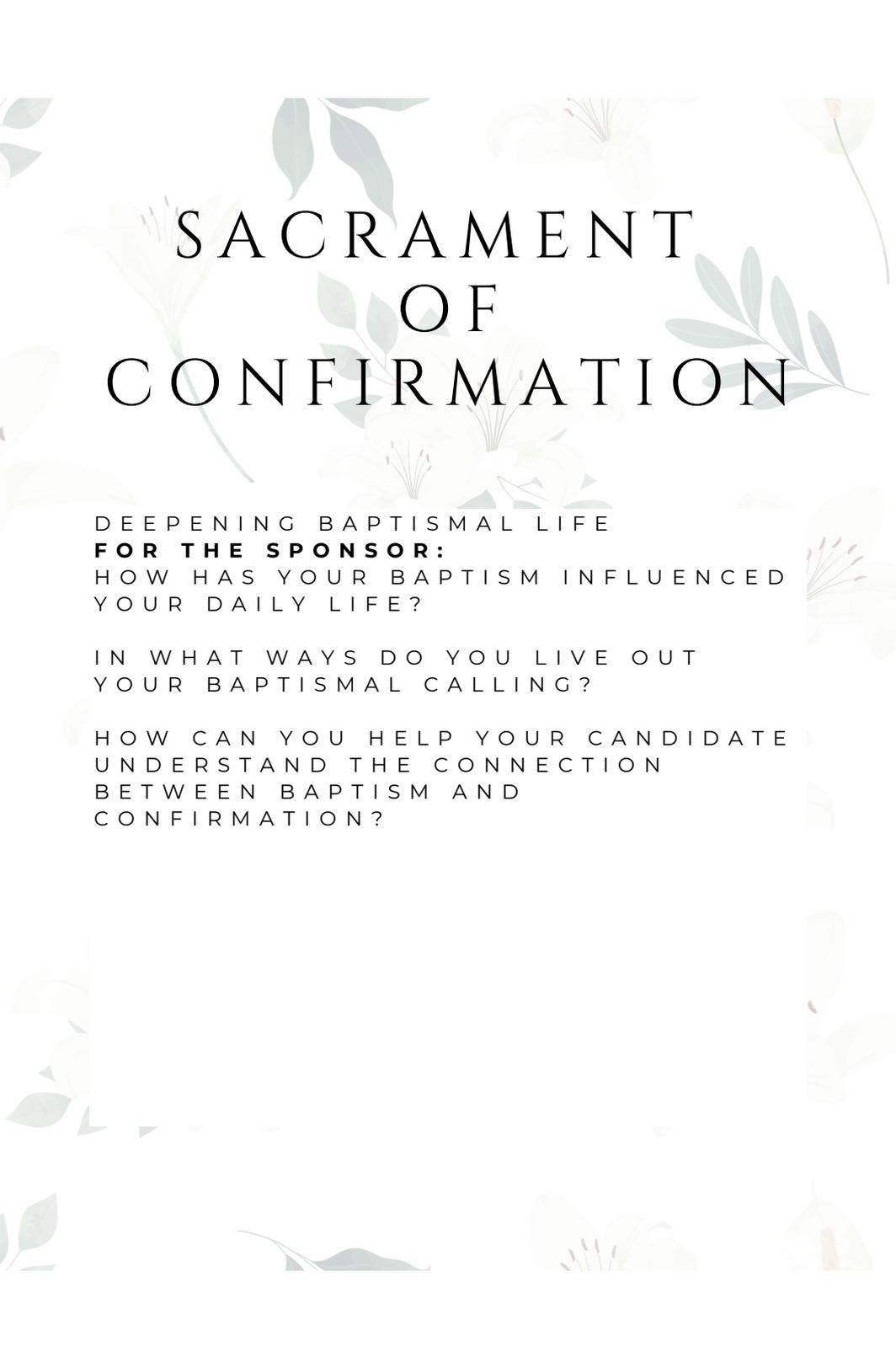
GIFT OF THE HOLY SPIRIT

FOR THE CANDIDATE:

WHAT DO YOU KNOW ABOUT THE
SEVEN GIFTS OF THE HOLY SPIRIT?

WHICH GIFT OF THE HOLY SPIRIT DO
YOU FEEL YOU NEED MOST RIGHT
NOW? WHY?

HOW DO YOU PLAN TO BE MORE OPEN
TO THE HOLY SPIRIT'S GUIDANCE IN
YOUR LIFE?



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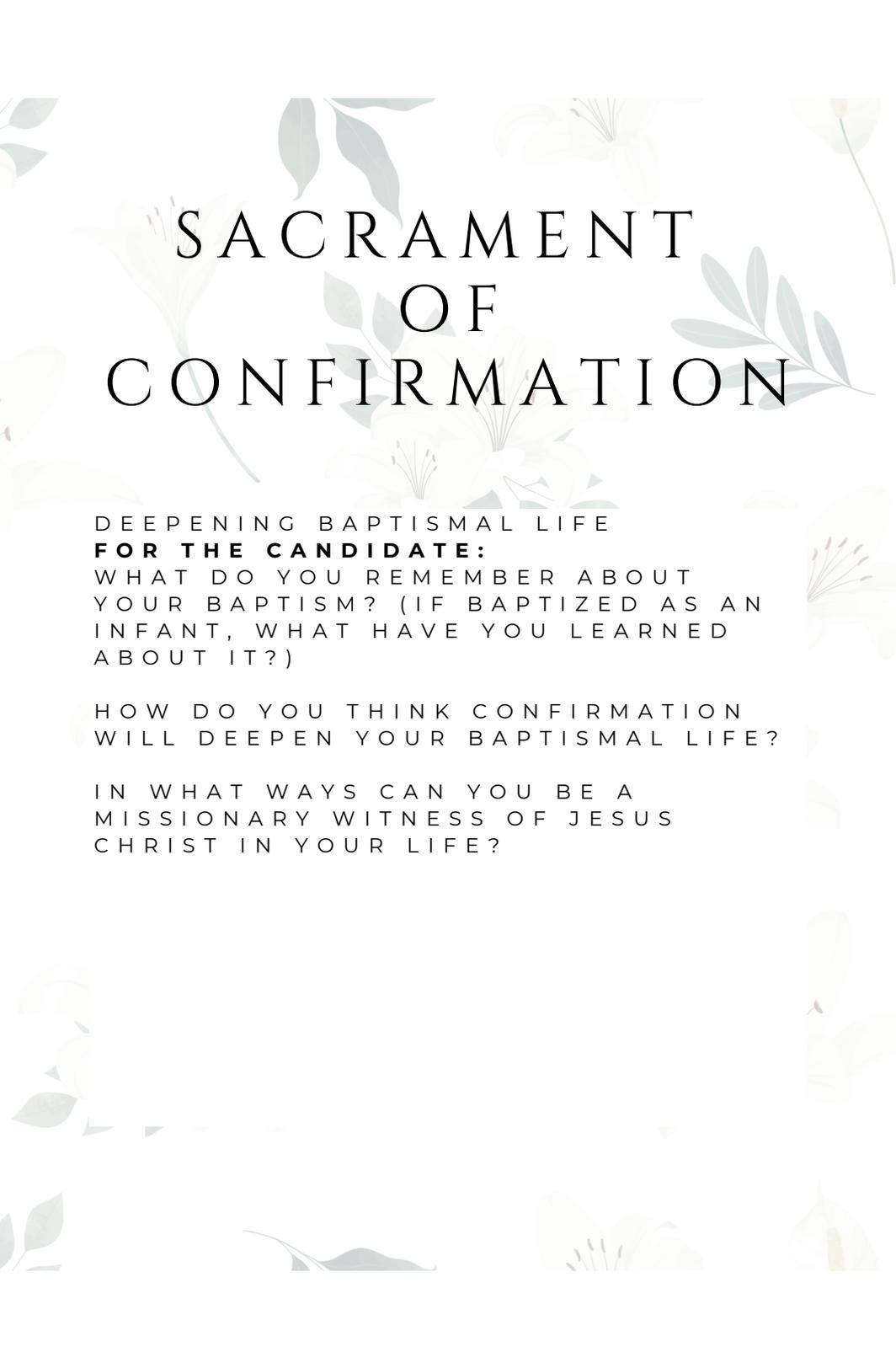
DEEPENING BAPTISMAL LIFE

FOR THE SPONSOR:

HOW HAS YOUR BAPTISM INFLUENCED
YOUR DAILY LIFE?

IN WHAT WAYS DO YOU LIVE OUT
YOUR BAPTISMAL CALLING?

HOW CAN YOU HELP YOUR CANDIDATE
UNDERSTAND THE CONNECTION
BETWEEN BAPTISM AND
CONFIRMATION?



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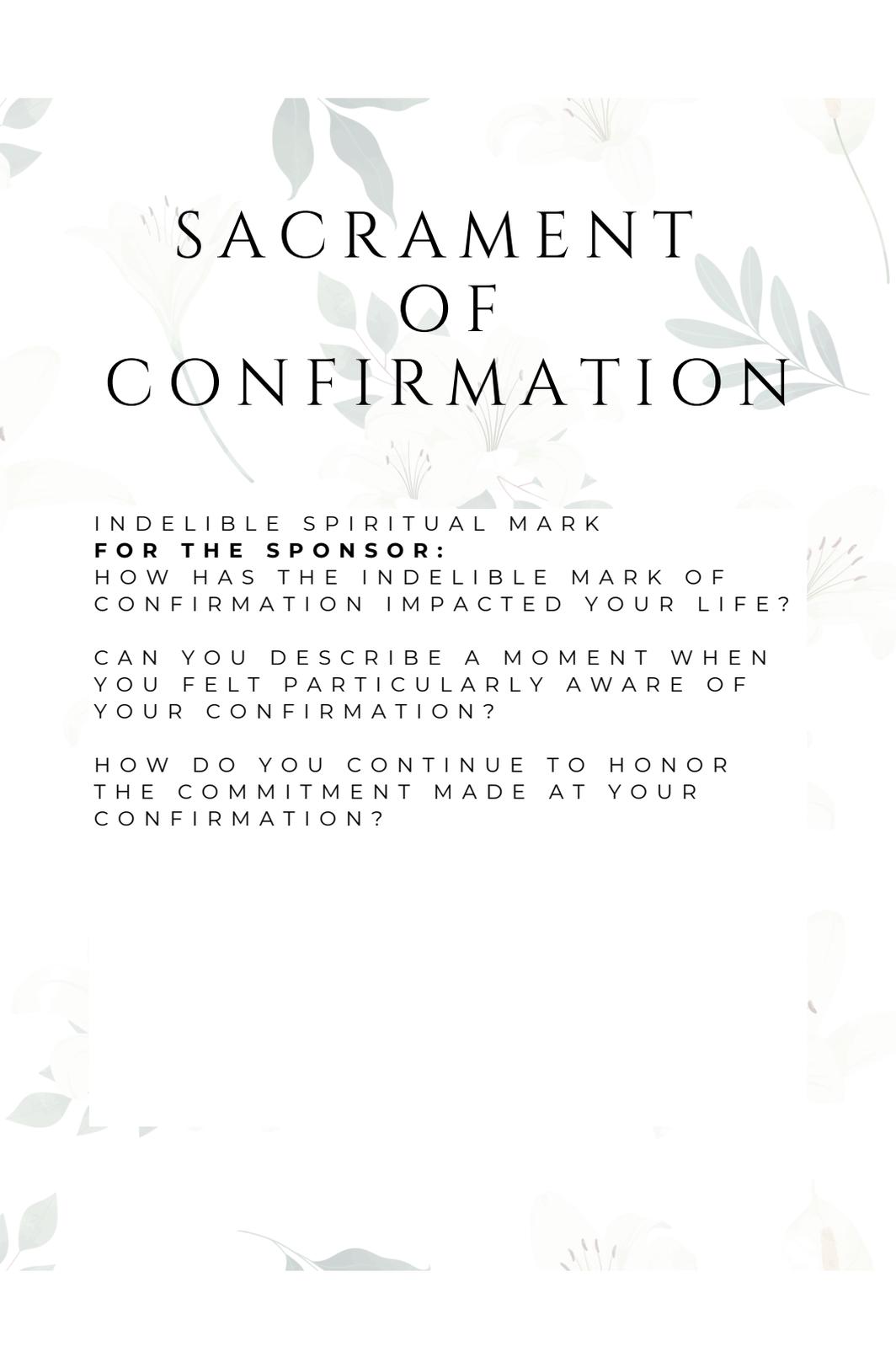
DEEPENING BAPTISMAL LIFE

FOR THE CANDIDATE:

WHAT DO YOU REMEMBER ABOUT YOUR BAPTISM? (IF BAPTIZED AS AN INFANT, WHAT HAVE YOU LEARNED ABOUT IT?)

HOW DO YOU THINK CONFIRMATION WILL DEEPEN YOUR BAPTISMAL LIFE?

IN WHAT WAYS CAN YOU BE A MISSIONARY WITNESS OF JESUS CHRIST IN YOUR LIFE?



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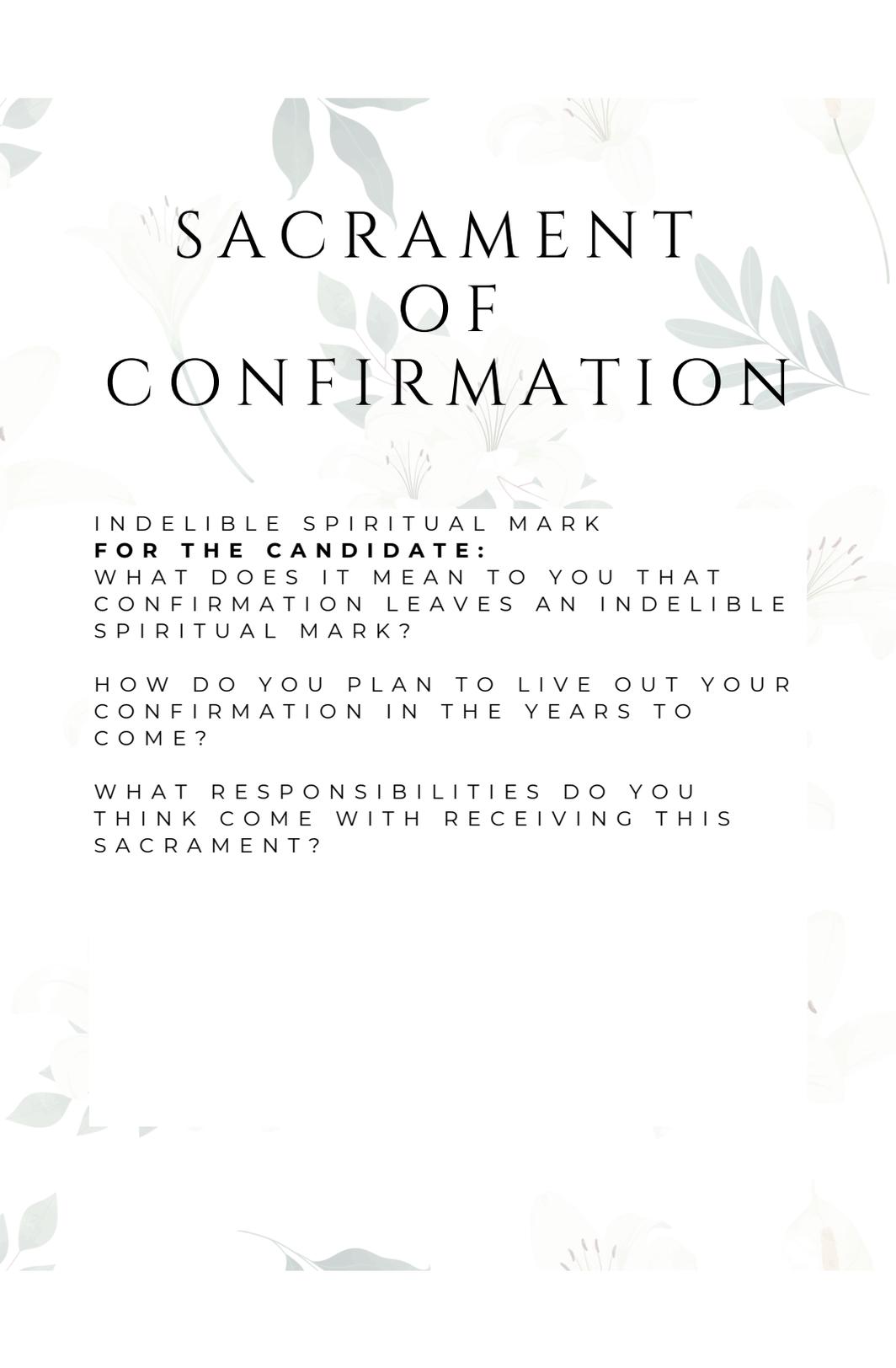
INDELIBLE SPIRITUAL MARK

FOR THE SPONSOR:

HOW HAS THE INDELIBLE MARK OF
CONFIRMATION IMPACTED YOUR LIFE?

CAN YOU DESCRIBE A MOMENT WHEN
YOU FELT PARTICULARLY AWARE OF
YOUR CONFIRMATION?

HOW DO YOU CONTINUE TO HONOR
THE COMMITMENT MADE AT YOUR
CONFIRMATION?



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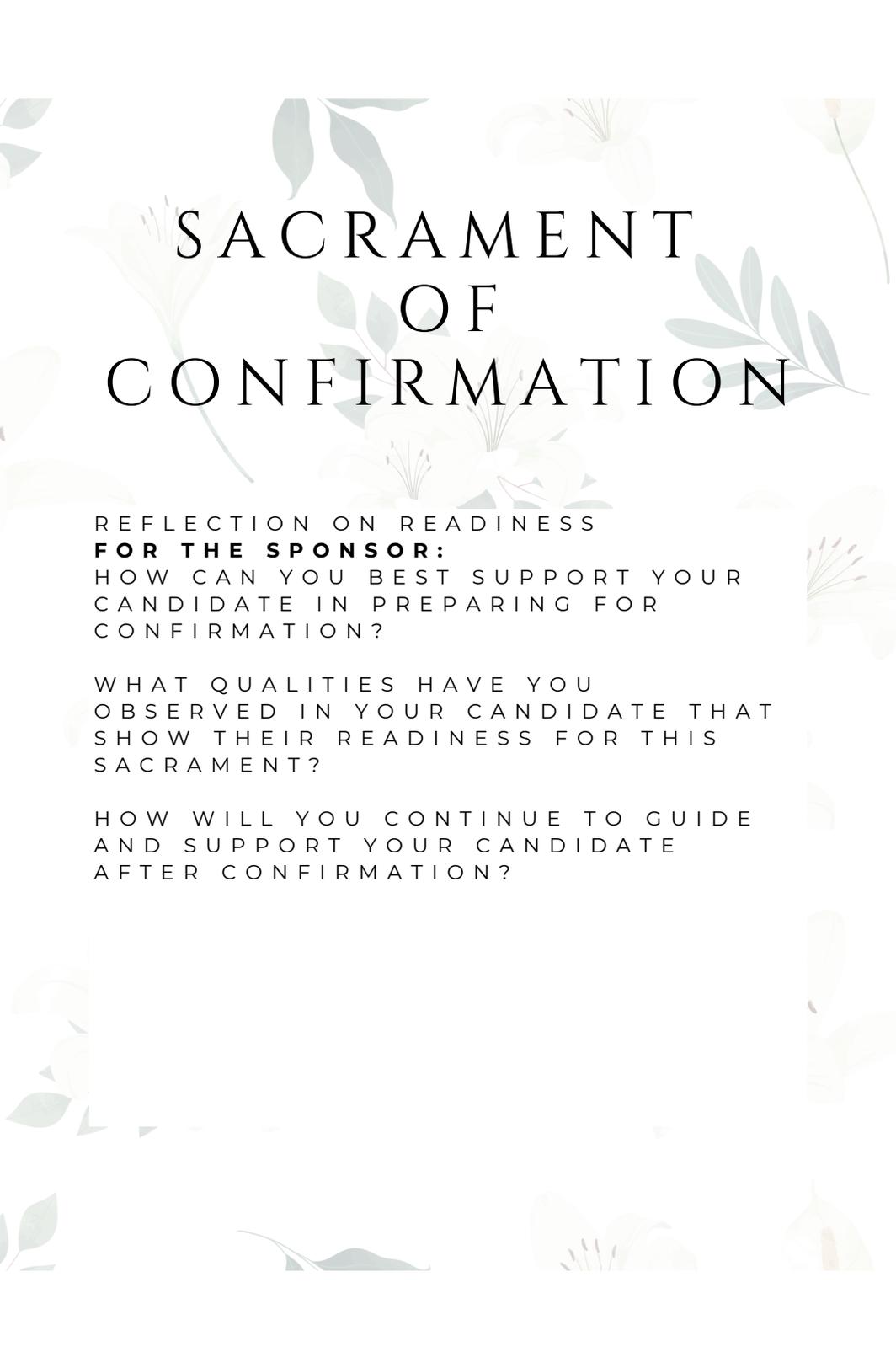
INDELIBLE SPIRITUAL MARK

FOR THE CANDIDATE:

WHAT DOES IT MEAN TO YOU THAT
CONFIRMATION LEAVES AN INDELIBLE
SPIRITUAL MARK?

HOW DO YOU PLAN TO LIVE OUT YOUR
CONFIRMATION IN THE YEARS TO
COME?

WHAT RESPONSIBILITIES DO YOU
THINK COME WITH RECEIVING THIS
SACRAMENT?



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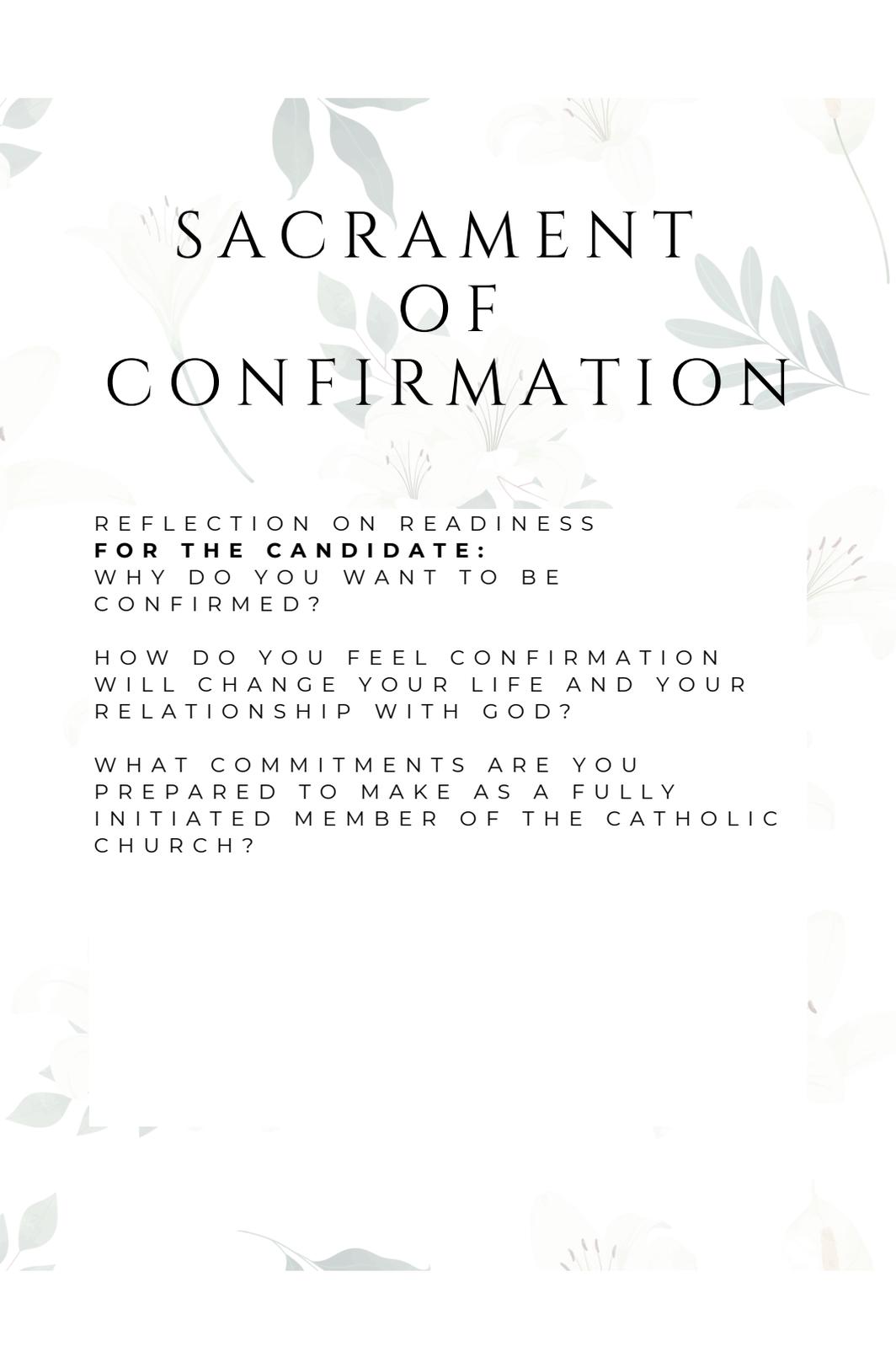
REFLECTION ON READINESS

FOR THE SPONSOR:

HOW CAN YOU BEST SUPPORT YOUR
CANDIDATE IN PREPARING FOR
CONFIRMATION?

WHAT QUALITIES HAVE YOU
OBSERVED IN YOUR CANDIDATE THAT
SHOW THEIR READINESS FOR THIS
SACRAMENT?

HOW WILL YOU CONTINUE TO GUIDE
AND SUPPORT YOUR CANDIDATE
AFTER CONFIRMATION?



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REFLECTION ON READINESS
FOR THE CANDIDATE:
WHY DO YOU WANT TO BE
CONFIRMED?

HOW DO YOU FEEL CONFIRMATION
WILL CHANGE YOUR LIFE AND YOUR
RELATIONSHIP WITH GOD?

WHAT COMMITMENTS ARE YOU
PREPARED TO MAKE AS A FULLY
INITIATED MEMBER OF THE CATHOLIC
CHURCH?

